Porter Estate, Tokai, Western Cape, 7945, P/Bag x 2 Tokai, 7966, Tel: 021 712 1023, Fax: 021 712 1075

2 FEBRUARY 2026

INVITATION TO REGISTER ON THE DATABASE OF SERVICE PROVIDERS FOR THE LIFE COACHING UNIT FOR THE 2026/27 FINANCIAL YEAR

The Chrysalis Academy invites qualified professionals to register on our Life Coaching Database for the 2026/27 financial year.

As an organization committed to empowering young people, we offer a holistic, trauma-informed, and healing-centred three-month residential programme for youth aged 18 to 25. Our programme focuses on personal mastery, leadership, skills development, and community engagement, providing a safe and supportive environment for growth. We serve unemployed youth from the Western Cape, primarily speaking Afrikaans, English, and isiXhosa.

Recognizing the impact of trauma and the increasing need for mental health and psychosocial support, our Life Coaching Unit provides counselling, support groups, and therapeutic care. These include Trauma Release Exercises (TRE®), Yoga, Mindfulness, Meditation, and Nature-based processes, all aimed at deepening students' resilience. As the Academy has a strong focus on group work, individual counselling services will be limited, as we believe that healing happens in community. To strengthen this critical area, we engage additional psychosocial professionals on a sessional basis to support our work.

We are seeking experienced professionals in the following areas:

- Counsellors, Social Workers, Life Coaches, Psychologists, and Support Group Facilitators with expertise in trauma work, somatic approaches, and culturally responsive psychosocial care.

- Therapeutic Care Practitioners, including TRE®, Yoga, and Mindfulness teachers.

If you would like to contribute to this meaningful work, we invite you to submit a short CV, indicating the area(s) of service you wish to offer. Successful registration onto our database will be followed by a briefing session and the signing of an agreement outlining roles, responsibilities, reporting structures, ethical considerations, and the Academy's values.

DETAILS OF THE 2026/27 COURSES

Student Courses	
Connect Groups	- Approximately 5 to 6 sessions per course - 2-hour sessions - Typically held on weekdays - May occasionally take place on Saturdays
Counselling Sessions	- Generally scheduled on weekdays between 3:00 pm and 6:00 pm - Outdoor Phase period excluded - Some weeks offer flexibility, with sessions available between 9:00 am and 6:00 pm
Therapeutic Care Programme	- TRE® offered to all students on Thursdays - May include additional modalities such as Yoga or Art Therapy - Approximately 5 to 6 sessions per course - Sessions run Thursdays from 2:30 pm to 4:30 pm - Conducted over 8 weeks for groups of 11 to 35 students

Please be informed that a vetting process will be conducted for all potential candidates. Chrysalis Academy enforces a strict drug- and alcohol- free policy.

If you are interested in joining us in this vital work, please submit your application (CV, Motivational letter and Relevant Supporting Documents) via email to counselling@chrysalisacademy.org.za for therapeutic care, Connect Group and Counselling services.

The closing date is Friday, **28 February 2026, at 16:30.**

For any further information, please do not hesitate to reach out.

Please note that if you have not heard from us in 2 weeks after the closing date, consider your application unsuccessful.

Tel: 021 712 1023
Web: www.chrysalisacademy.org.za
Facebook: Chrysalis Academy
Address: Porter Estate, Tokai Road, Western Cape, 7945

Chrysalis ACADEMY unleashing potential ON THE PULSE AMPLIFYING YOUTH VOICE Nature WORX resilience, naturally

Excellence in Holistic Youth Development since the year 2000